



# Debby's Touch

by Debby Forshey-Choma

Herbs



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## Herbs

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**Royal Brushes** available through [www.RoyalBrush.com](http://www.RoyalBrush.com)

#3080 - 1 Oval Wash Combo

#4150 – 0 Majestic shader

#4200A – 0 mini Majestic angular shader

#4200L – 20/0 mini Majestic liner

#4200T – 2/0, 2 mini Majestic filbert

#4585 – 0 Majestic liner

#4700 – ½ Majestic glaze wash

### DecoArt Americana Acrylics

Avocado 052

Bubblegum Pink 250

Burnt Sienna 63

Burnt Umber 64

Citron Green 235

Deep Midnight Blue 166

Dioxazine Purple 101

Driftwood 171

Evergreen 82

Grey Sky 111

Hauser Light Green 131

Hauser Medium Green 132

Heritage Brick 219

Red Violet 140

Royal Fuchsia 151

Silver Sage Green 149

Snow White 01

Williamsburg Blue 40

### DecoArt Sealers/Finishes

DuraClear Matte Varnish DS60

Multi-Purpose Sealer DS17

### Surface Source

\*\*design can be adapted to many surface shapes

### Prep

1. Properly prep surface of choice. Transfer designs to surface.

### Sage (salvia officinalis)

Sage comes from the Latin word 'salvere', which means "salvation". This was a sacred herb to the Romans, who believed that sage extended life to the point of immortality.

### Stems

1. Double load the 0 liner with Burnt Sienna and Leaf Green, pull the stems.

### Sage Blossoms

2. Undercoat each blossom petal with Grey Sky; using the 2 filbert.

Double load the filbert with Red Violet and Dioxazine Purple, pull colors over each blossom.

When dry, corner load the angle with Snow White, float a highlight along the top of each blossom edge.

### Blossom Calyxes

3. With the 0 shader and Grey Sky, undercoat each blossom calyx.

When dry, walk over each calyx with one coat of Heritage Brick.

### Leaves

4. Basecoat the leaves Hauser Light Green; using the 2 filbert.

When dry, apply a second coat.

Now corner load the angle with Evergreen, float shading across the bottom of each leaf.

With the 20/0 liner and Hauser Light Green, pull a vein in each leaf.

### Lettering

5. With the 0 liner and Grey Sky, pull the letters for 'Sage'.

## Herbs

### **Chives** (*allium schoenoprasum*)

An oniony - tasting herb which is indispensable for flavoring and garnishing and best used fresh from the garden. Chives are a clump forming, hardy perennial with hollow cylindrical leaves and rounded clusters of pale purple flowers in the summer. It has been used as an antibiotic, to cleanse blood and reduce blood pressure. Also taken as a protection against the common cold. Planting chives around roses may help prevent blackspot and enhance the roses' scent. Or planting under peach trees to control leaf curl.

### **Leaves and Stems**

1. Double load the 0 liner with Hauser Medium Green and Citron Green, pull the bottom one-third length of the leaves and stems. Now double load the 0 liner with Avocado and Hauser Light Green. pull the top two-thirds length of the leaves and stems.

### **Chive Blossoms**

2. Double load the 0 liner with Bubblegum Pink, pull the strokes to create the blossoms. Then load the 0 liner with Royal Fuchsia, pull just a few strokes within each blossom.

### **Lettering**

3. With the 0 liner and Grey Sky, pull the letters for 'Chives'.

### **Rosemary** (*rosmarinus officinalis*) "dew of the sea"

Holds a special place in the affections of many as the essence of a summer herb garden. With a reputation for strengthening the memory, it became the emblem of fidelity for lovers.

The Spanish revere rosemary as the bush that sheltered the Virgin Mary on her flight to Egypt. As she spread her cloak over the herb, the white flowers turned blue.

Herb is used to cure ailments of the nervous system, relieve or prevent spasms, aids digestion, soothes a cough, eliminates bad breath and strengthens the eyes.

### **Stems**

1. Double load the 0 liner with Driftwood and Burnt Umber, pull the stems.

### **Rosemary Blossoms**

2. With the 2 filbert and Williamsburg Blue, pull the blossoms. Allow to dry, then apply a second coat.

Now corner load the angle with Deep Midnight Blue, float shading at the bottom of each blossom. Then corner load with Snow White, float a highlight along the top edge of each.

### **Leaves**

3. With the 2/0 filbert and Avocado, pull the leaves. Allow to dry, then apply a second coat.

Now corner load the angle with Silver Pine, float a highlight across the top edge of each leaf. Load the 20/0 liner with Evergreen, pull the veins in the leaves.

### **Lettering**

4. With the 0 liner and Grey Sky, pull the letters for 'Rosemary'.

### **Finishing**

5. To protect your painted piece, varnish the entire surface with the DuraClear Matte; using the Oval Wash Combo brush.



## Herbs

For questions regarding this design, you can contact Debby at [debbyforshey@gmail.com](mailto:debbyforshey@gmail.com) or visit her web site [www.debbystouch.com](http://www.debbystouch.com) or on Facebook.

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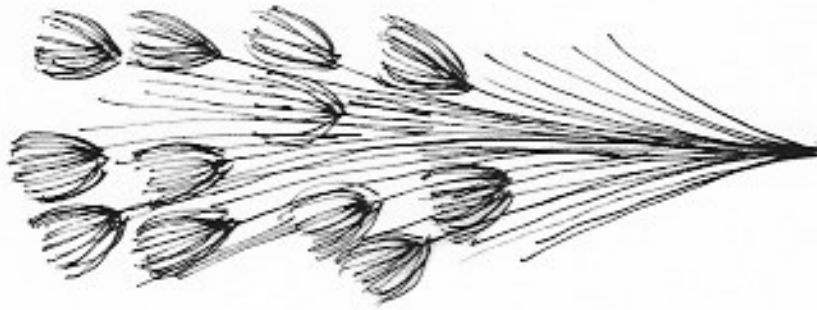
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Rosemary



Chives



Sage

